

# Reflecting Jesus - Kindness

## Scripture:

Matthew 9:18-26

## Also

Ephesians 2:7-8, 4:32

## Discussion Questions

What has challenged you, changed you or confused you from this week's sermon or the Scripture passages?

- 1. Can you describe a time in your life when someone showed you kindness?**
  - **What made it feel that way?**
  - **What impact did it have on you?**
- 2. In the sermon, several ways were listed to help us practice kindness:**
  - Treat others the way you want to be treated.
  - Practice random acts of kindness, expecting nothing in return.
  - Be accessible like Jesus "you just never know."
  - Remember your words and deeds have great power.
  - Look for the good in people and build the bridge with kindness.
  - Be empathetic.
  - Find opportunities to add value to others.
  - Be the first person to say hello.
  - **Which of these ways do you think our world needs to see kindness expressed, and why? Are there other avenues of expressing kindness that you would add?**
  - **Have you seen someone who's really good at living in a kind way? What did it look like? How were people impacted by them?**
- 3. Is it easier to be kind to strangers or people you're close to? Why?**
  - Read Romans 2:4, and perhaps some of the surrounding verses. **If someone sins against you, do you show them kindness? Why or why not?**
- 4. What would it take for you to show more kindness:**
  - **In your home?**
  - **At work?**
  - **At school?**
  - **In public?**

***Spend some time thanking God for His kindness shown to you; ask Him to help make your character reflect Him more!***